



Proverbs Daily Dose of Wisdom Devotional



Chapter 30 By Courtney Cothren

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There are so many valuable lessons in this book of Proverbs. Here are a few that stood out to me:

1. God cares for us and He has got this!

Proverbs 30: 1-6: In these verses the Scripture talks about how weary and worn out we become and how completely hard we are on ourselves sometimes. Verse 2 says "I am too stupid to be human." Oh, how many times have we all felt that way? For me it is too many times to count. There are those days that nothing we do feels right or there are those days that we just blow it. Then in the next few verses we are reminded that it is not in our strength or in our own wisdom that we are strong but in His.

Verse 4 states, "Who holds the wind in his fists" and "Who has created the whole world?" Here I feel like we are being reminded that the One true God has everything under control. These verses are telling us that the same God that controls the winds and the created the stars is watching over us and wants me and you to be successful. He understands that we are weak but He is the One who will make us strong. He understands we have days where we feel useless and stupid but it is in His wisdom we can and will be successful in all that we do. We are not called to walk this life alone or to be perfect. We are called to walk this life with our God and in Him we and will be made perfect.

2. God is our protection - Verse 5 reminds us of that, "Every word of God proves true." And that "It is a shield to all who come to Him for protection." This is such a great lesson and reminder for us to rely on Him for protection. Every day I pray for the blood of Jesus to surround my family and that nothing dark or evil can come anywhere close to them. I know above everything else that because of the blood my children are protected from this scary world in which we live. I rely on the protection of the blood on my family. I know that my angels are on guard around us all. I do not have to worry or fret about the protection of my family because I have come to my God for His protection. This has not always been the

case in my life. In the past I would worry and fret about the safety and protection of myself and those that I love but when I received the revelation on how I can come to God and pray and plead blood of Jesus over my family the worry and fret went away.

Throughout the rest of Proverbs 30 it teaches us many lessons. I encourage you to read them and see how these verses speak to you.

What verse stood out to me _____

What is God's wisdom to me _____

What can I do today to go forward with God's wisdom in my life _____

Courtney Cothren is married to Benny Cothren and they have two beautiful daughters. Courtney has been a part of One Church since she was a teenager. Courtney has held many different responsibilities in the church and is always willing to serve. She and her sister, Schalene started One Girl Revolution which developed into One Girl One Mission. This ministry has been very successful to young women. Reaching beyond age limits, Courtney and Sha developed a successful mentorship program to bridge the gap.